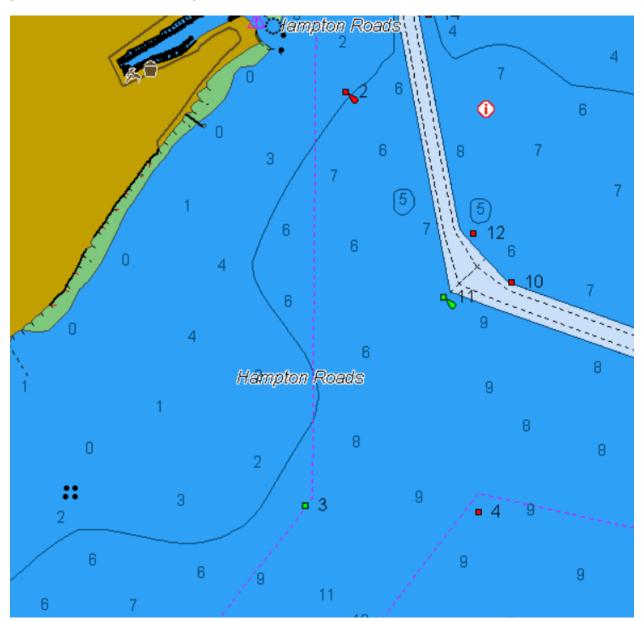
Local Knowledge – Hampton Flats

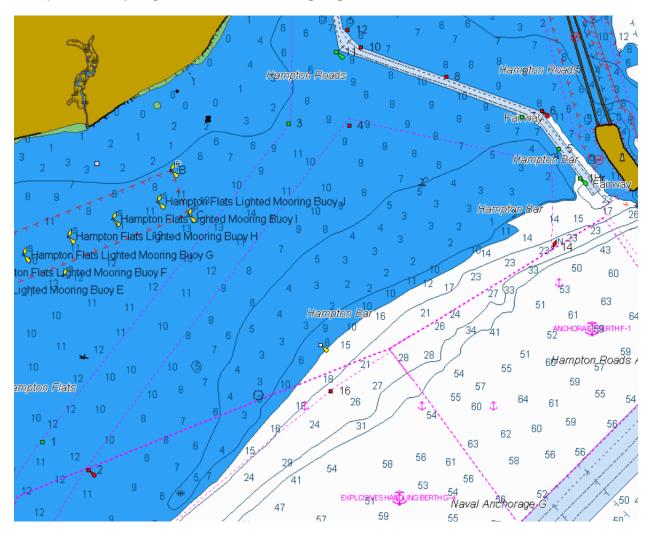
When heading out, stay in the channel until getting south of day markers #13 and #14. Especially, do not get west of it upon exiting the Hampton River.



Green number day mark #11 can be cut a little but don't get too far into the shore there. As you turn out west honor day mark #3.



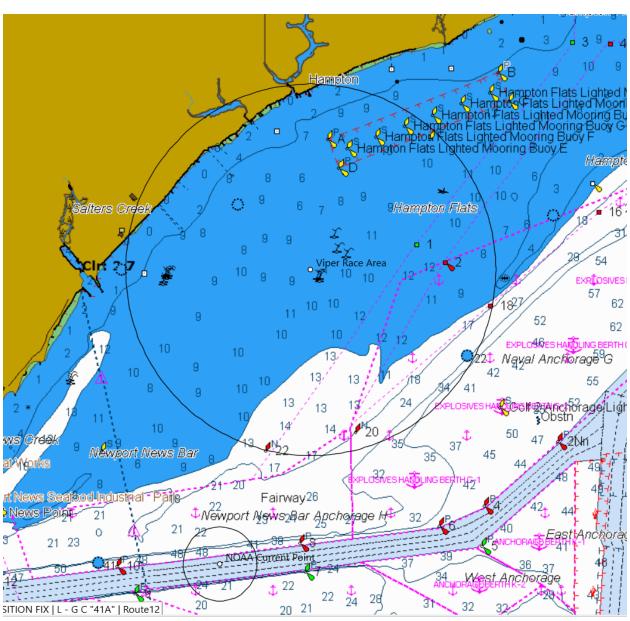
Be aware that Hampton Bar is straight out to the south from Hampton. Do not sail over this on a practice day or get too far south when going back and forth to the racecourse.



The race area is referred to as Hampton Flats. Most of this area is about 10' deep. As you get south toward nuns #20 and #22 it gets deeper along with significantly stronger current. As a result, when the wind is from the SW with an ebb current, the right-hand side tends to be favored sailing upwind.

When the wind is from the NE the current advantage is not as well defined because of the Hampton Bar.

The predominant sea breeze direction is SE.



The tide as forecasted in Hampton River and the current at the point in the Newport News ship channel south of the race area is as follows.

Thursday Oct 2

Sla	ck	Daily Max Floods & Ebbs:				
2:0	1a	4:32a	0.4 kt	244°	Fld	
6:5	8a	10:06a	0.8 kt	76°	Ebb	
1:4	8p	5:04p	0.9 kt	244°	Fld	
8:2	2p	10:54p	0.8 kt	76°	Ebb	
		•				

```
Daily Highs & Lows:
High 5:29 am 2.4 ft
Low 11:29 am 0.7 ft
High 6:05 pm 2.8 ft
```

Friday Oct 3

```
        Slack
        Daily Max Floods & Ebbs:

        2:39a
        5:19a
        0.6 kt
        244° Fld

        8:02a
        11:02a
        0.9 kt
        76° Ebb

        2:38p
        5:43p
        1.1 kt
        244° Fld

        9:05p
        11:36p
        0.9 kt
        76° Ebb
```

```
Daily Highs & Lows:

Low 12:18 am 0.6 ft

High 6:27 am 2.6 ft

Low 12:30 pm 0.6 ft

High 6:57 pm 3.0 ft
```

Saturday Oct 4

```
Slack Daily Max Floods & Ebbs:
3:13a 5:58a 0.9 kt 244° Fld
9:04a 11:53a 1.0 kt 76° Ebb
3:27p 6:22p 1.2 kt 244° Fld
9:45p
```

```
Daily Highs & Lows:

Low 1:05 am 0.4 ft

High 7:19 am 2.9 ft

Low 1:25 pm 0.4 ft

High 7:47 pm 3.1 ft
```

Sunday Oct 5

Slack	Daily Max Floods & Ebbs:				
	12:18a	1.1 kt	76° Ebb		
3:47a	6:38a	1.2 kt	244° Fld		
10:01a	12:45p	1.2 kt	76° Ebb		
4:14p	7:04p	1.3 kt	244° Fld		
10:25p					

```
Daily Highs & Lows:

Low 1:49 am 0.2 ft

High 8:08 am 3.2 ft

Low 2:17 pm 0.2 ft

High 8:34 pm 3.1 ft
```

Sail fast and Good Luck!

Mark Wheeler