



# HYC Junior Sailing

ESTABLISHED 1950

EDUCATION, TRAINING, PERFORMANCE

## Summer 2024 Program

### INTERMEDIATE

DEVELOP & CHALLENGE

#### OPTI 2 (GREEN), AGE 8-13

**\$810 PER SESSION (RTO \$415)**

**\$2,950 FULL SUMMER**

**Offered:** Full summer or by session;  
June 17-28, RTO July 1-5, July 8-19,  
July 22-Aug 2, & Aug. 5-18

Prerequisites: Opti 1

Two week sessions  
Full-day class  
Regatta opportunities  
8:1 sailors to instructors ratio

#### DINGHY 2, AGE 13-18

**\$425 PER SESSION**

**Offered:** June 24-28, July 15-19,  
July 29-Aug 2, & Aug. 12-18

Prerequisites: Dinghy 1 or Opti 2

Full-day class  
Lunch included  
12:1 sailors to instructors ratio



**SCAN ME!**

### NOVICE

DISCOVER, LEARN, & PLAY

#### EXPLORER, AGE 5-7

**\$320 PER SESSION**

**Offered:** June 17-21, June 24-28, July 8-12,  
July 22-26, Aug. 5-9, & Aug. 12-16

Prerequisites: None

Half-day class  
6:1 sailors to instructors ratio

#### OPTI 1, AGE 8-13

**\$425 PER SESSION**

**Offered:** June 17-21, June 24-28, July 8-12,  
July 15-19, July 22-26, July 29-Aug 2,  
Aug. 5-9, & Aug. 12-16

Prerequisites: None

Full-day class  
Lunch included  
8:1 sailors to instructors ratio

#### DINGHY 1, AGE 13-18

**\$425 PER SESSION**

**Offered:** June 17-21, July 8-12,  
July 22-26, & Aug. 5-9

Prerequisites: None

Full-day class  
Lunch included  
12:1 sailors to instructors ratio

#### FOIL SPORTS, AGE MINIMUM 15

**Offered** by private lesson only.

Prerequisites: None

Custom class      Customize the class to  
Private lesson      fit your level of foiling  
   skills

\*Age ranges are recommendation based; the sailing director may authorize participation in any class as necessary.

\*\*Prices listed are public pricing.

RTO = Race Teams Only

### VETERAN

TRAIN & COMPETE

#### OPTI TRAVEL TEAM (R, W, B), AGE 8-15

**\$3,375 FULL SUMMER**

**Offered:** Full summer or by session;  
June 17-28, RTO July 1-5, July 8-19,  
July 22-Aug 2, & Aug. 5-18

Prerequisites: Dinghy 2 or Opti 2

Full-day class  
Local & distant regatta opportunities

#### ILCA 4/6 OR C420 TRAVEL TEAM

**AGE 13-18**

**\$812 PER SESSION**

**Offered:** Full summer or by session;  
June 17-28, RTO July 1-5, July 8-19,  
July 22-Aug 2, & Aug. 5-18

Prerequisites: None

Afternoon class  
In depth boat handling  
Elite teams partner with Big Blue  
Sailing Academy at ODU  
6:1 sailors to instructors ratio

#### POWERBOAT, AGE MINIMUM 12

**\$350 PER SESSION**

**Offered:** July 15-19, July 29-Aug 2,  
Aug 5-9

Prerequisites: None

Half-day class  
NASBLA certification  
6:1 sailors to instructors ratio





Contact Information:

4707 Victoria Blvd  
Hampton, VA 23669  
(757) 722-0711

FOR ALL QUESTIONS REGARDING PROGRAMMING,  
PLACEMENT, RACE TEAMS, ETC. PLEASE CONTACT:

## SAILING DIRECTOR

Maxwell Plarr  
sailingdirector@hamptonyc.com

 HAMPTONYC\_SAILING

# HYC JUNIOR SAILING

ESTABLISHED 1950

EDUCATION, TRAINING, PERFORMANCE



## MAKE EVERLASTING Friendships

The HYC learning model promotes lifelong sailing in a variety of on-the-water disciplines, including both racing & non-racing to provide a skill development path for every sailor. The American Development Model promotes an athlete's advancement through a pathway supporting a healthy sport experience based on their physical, mental, and emotional level and potential for growth. By gaining experience and building confidence in a variety of watercraft, young sailors are better prepared to take advantage of new sailing opportunities in the future. The skills built at an early age lay the foundation for safe, fun, and successful sport that can last a lifetime.

## RECENT HYC JUNIOR SAILING ACHIEVEMENTS

2020, 2022 Paul Miller Trophy Winning Team  
2021 Opti National Fleet Champion  
2021 Sears Cup National Champion  
2021, 2022 Orange Bowl Opti Champion  
2022, 2023 Orange Bowl c420, 3rd Place  
2021, 2022 USODA Team Race Nationals Host  
2023 USODA National Championship Host  
2021, 2022 CBYRA Opti High-Point Champion  
2021, 2023 CBYRA ILCA High-Point Champion  
2022, 2023 CBYRA Opti High-Point Champion White Fleet  
2023 USODA Team Race Midwinters, 1st Silver Fleet  
Nathanael G. Herreshoff Award Recipient, Gary Bodie  
Nathanael G. Herreshoff Award Recipient, Mitch Brindley

For more information please  
go to [www.hamptonyc.com](http://www.hamptonyc.com)

