

CODE OF ETHICS AND CONDUCT

All sailors, coaches, and others involved in HAMPTON Yacht Club Youth Sailing agree to honor the spirit of sailing and the rules of fair sailing. On and off the water, these individuals pledge to act with honesty and integrity. Participants also agree to adhere to the rules that govern the sport of sailing, and hold teammates and other participants to the same standard.

For the Sailor:

The sailor agrees to be held responsible for, and shall abide by, this Code of Conduct at all times. This is the expectation for all Hampton Yacht Club sailors, not only at HYC and regattas, but also at any events sponsored by US Sailing, or other organizations, where they are representing Hampton Yacht Club. Each sailor agrees:

- To be responsible for his or her behavior/conduct in regard to this Code of Conduct, as well as, any other rules/instructions given by coaches, instructors, hosts, or any individual who has been placed in charge of a practice or regatta
- To maintain a positive attitude at all times
- To follow all rules outlined in the HYC Handbook
- To respect all participants including HYC members, coaches/instructors, competitors, teammates, officials, parents and volunteers
- To understand the importance of safety and to follow all safety instructions and procedures provided by coaches/instructors and other responsible adults
- To immediately notify a coach/instructor or other responsible adult if a sailor is in danger
- To behave appropriately towards other sailors including competitors and teammates at all time
- Be gracious in success and failure, victory or defeat
- To notify the coach/instructor of any rude behavior or offensive conduct by any sailor. This includes, but is not limited to, excessive swearing and verbal, physical, or emotional abuse. Reporting on others who misbehave is not snitching – it is part of being a member of a larger community which expects better of itself and its members
- To respect the property of others. Do not steal, do not damage, do not move, do not destroy, and do not borrow without permission. Do not tolerate this behavior from others
- Participate 100% in daily activities
- Understand and obey the Rules of the Road and the *US Sailing Racing Rules of Sailing*

My signature shows that I have read, understand and agree to the Hampton Yacht Club Youth Sailor's Code of Ethics and Conduct.

Sailor's signature _____

Date: _____

For the Parent:

Each parent of an HYC Sailor agrees to be held responsible for the expectations outlined in this Code of Ethics and Conduct for both their sailor and themselves. This is the expectation for all Hampton Yacht Club parents not only at HYC and regattas, but also any events sponsored by US Sailing, or other organizations, where they are representing Hampton Yacht Club. Each parent agrees:

- To follow the guidance of coaches/instructors at both practice and regattas. Coaches will have different expectations in regard to the independence and personal development of your sailor. Except in cases of emergency, inclement weather or other unforeseen circumstances, do not rig or de-rig your sailor's boat, do not interfere with a coach's brief or debrief, and stay out of the rigging area until dismissal of your sailor by coaches/instructors
- To respect the coaches/instructors authority, and allow them to focus on their work with the sailors
- To have and maintain a positive attitude toward other sailors, coaches/instructors, hosts, and other in charge of practice or regattas
- To be responsible for your conduct and the conduct of your sailor
- To treat all participants including HYC members, sailors, coaches/instructors, competitors, officials, parents, and others with respect, and to lead by example
- To not tolerate rude or offensive behavior by your sailor, and to report to the coaches/instructors if you witness another sailor behaving inappropriately and not in accordance with the expectations that are outlined in this Code of Conduct. It is the coach/instructors responsibility to address the behavior of other sailors
- To understand the importance of safety and to follow all safety instructions and procedures provided by coaches/instructors and other responsible adults
- To immediately notify a coach/instructor or other responsible adult if a sailor is in danger
- To always lead by example and follow all HYC rules

Parents and/or any sailor's support person who disregard the Code of Ethics and Conduct, or who fail to follow any of the expectations outlined, agree/understand that this can negatively impact their sailor's ability to participate in the current event, as well as, future events. Blatant disregard for these expectations can also lead to barring sailor and parent from the event property and/or from HYC property, and can also lead to HYC membership being revoked.

My signature shows that I have read, understand, and agree to the Hampton Yacht Club Youth Sailor's Code of Ethics and Conduct.

Parent's signature _____ Date: _____

Explanation of Discipline:

All Coaches/instructors and parents affiliated with HYC sailing are responsible for ensuring exemplary behavior by all members and sailors, at all times. They are responsible for enforcing the appropriate rules. Coaches/instructors are responsible for applying discipline when appropriate. The following are discipline guidelines and HYC Sailing and its designees, the Junior Advisory Board, the HYC Coaches/Instructors/Staff, Sailing Director, parents and hosts associated with practices, lessons, onsite activities and regattas reserve the right and have the discretion to impose the discipline determined appropriate for the circumstances. Parents will be notified in writing of all infractions.

As part of the Discipline process you can expect one or more of the following:

1. A discussion with the Instructor, a verbal warning and documentation of behavior.
2. A discussion with the Sailing Director and documentation of behavior. Constructive feedback and possible consequences will be given to student.
3. Parent conference with Sailing Director, Instructor and Student where a course of action to solve the problem will be determined.
4. Conference with the Chairman of the Junior Program, Sailing Director, Parent and Student that may result in possible dismissal from the program without refund.

Discipline may consist of the following discipline:

Level 1

Disciplined at coach/instructor/staff discretion and may include limiting practice/lesson or racing time.

Example: Failure to obey instruction of coach/instructor or any adult associated with practices.

Level 2

Disciplined by limiting practice/lesson or racing time

Example: Failure to obey coach's/instructor's or host's directions after multiple warnings.

Level 3

Disciplined by suspension from one or more future practices/lessons or racing day.

Examples:

- *Purposely damaging or destroying property of others*
- *Repeated incidents of behavior unbecoming a member of the Club*
- *Behavior or conduct which reflects poorly on the HYC and or the HYC Jr. Sailors at practices, lessons, regattas, or elsewhere, including, but not limited to, unsportsmanlike behavior or "smack/trash talk" during awards and/or rude treatment of or talking back to judges, coaches/instructors, regattas officials, hosts, team members or other competitors.*
- *Behavior posing a risk of injury to another person or to property*

Level 4

Disciplined by expulsion

Examples:

- *Stealing or multiple infractions from above*
- *Behavior posing a risk of injury to another person*

Our signature show that we have read and understand the Discipline procedures and levels and the examples of behavior that may lead to a specific discipline level.

Sailor's signature _____ Date: _____

Parent's signature _____ Date: _____